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Faculty of Medicine Siriraj Hospital

Vocational rehabilitation services for persons with psychosocial disability in Thailand.

Kamonnet Wannasewok, M.D., Master of Rehabilitation Counseling
Department of Psychiatry, Faculty of Medicine Siriraj Hospital,
Mahidol University, Bangkok, Thailand

24 July 2019 13.30-15.00

18th Annual International Mental Health Conference
At the Empress Convention Center, Chiang Mai, Thailand

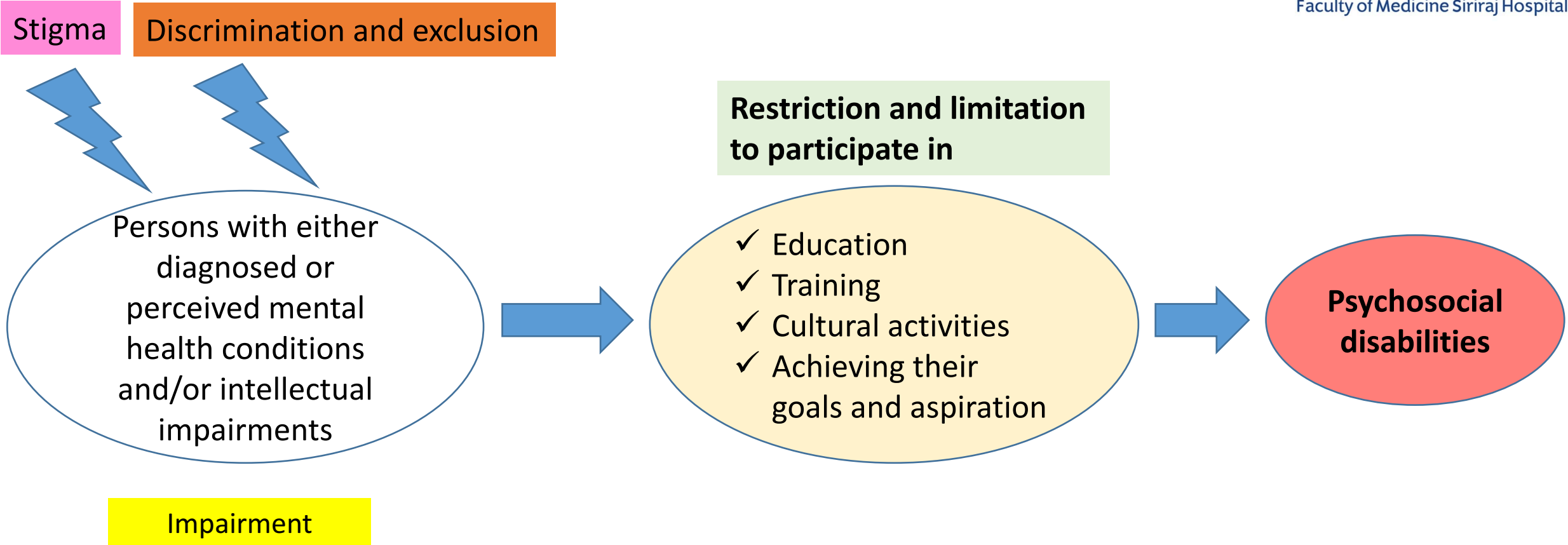
Outline

- Definition: psychosocial disabilities, vocational rehabilitation
- Statistics of people with disabilities in Thailand
- Development of vocational rehabilitation in Thailand
- Available related services
- Available related resources and legislation
- Challenges and opportunities
- Suggestion for future plans

Psychosocial disabilities: Definition



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Adapted from World Health Organization and the Gulbenkian Global Mental Health Platform.

Promoting rights and community living for children with psychosocial disabilities. Geneva, WHO, 2015 and Mental health Australia. Getting the NDIS right for people with psychosocial disability. [updated 2014 June 12]. Available from:

<https://mhaustralia.org/general/getting-ndis-right-people-psychosocial-disability>



Definition: Thailand

- Persons with mental and behavioral disability = persons that their daily life activities or social activities participation was limited or restricted due to mental disorders, cognitive impairment, mood or thought disorder.

Vocational rehabilitation(VR) : Proposed conceptual definition of VR based on the ICF

- VR is a multi-professional evidence-based approach that is provided in different settings, services, and activities to working age individuals with health-related impairments, limitations, or restrictions with work functioning, and whose primary aim is to optimize work participation.

Vocational rehabilitation services: main categories

1. Sheltered workshop: train-place model

2. Supported employment: place-then training model

3. Social enterprise

Wannasewok K, Wancata J, Udomratn P, Hwang TY, Litvan Z, Velikic V, Javed A.
Psychiatric rehabilitation in the twenty-first century. In: Javed A, Fountoulakis K, editors.
Advances in Psychiatry (Volume4). Chennai: Springer International Publishing; 2019.p.557-75.

Statistics of people with disabilities in Thailand

- Number of population in Thailand 66,000,000 pp.
- People with disabilities 1,900,000 pp.
 1. Physical and mobility disabilities 48.76%
 2. Hearing and communication disabilities 18.28%
 3. Vision disabilities 10.43%
 4. Mental and behavioral disabilities 7.4 %
 5. Intellectual disabilities 6.98%
 6. Learning disabilities 0.57%
 7. Autistic 0.46%

15.38%
= 292,220 pp.



Reference: NCPD 2018 (The 10th National Conference on Persons with Disabilities 2018) and the 5th Ratchasuda International Conference on Disability 2018 available from

<https://www.thaihealth.or.th/Content/43419-%E0%B8%AA%E0%B8%96%E0%B8%B2%E0%B8%99%E0%B8%81%E0%B8%B2%E0%B8%A3%E0%B8%93%E0%B9%8C%E0%B8%84%E0%B8%99%E0%B8%9E%E0%B8%B4%E0%B8%81%E0%B8%B2%E0%B8%A3%E0%B9%84%E0%B8%97%E0%B8%A2%20%E0%B8%9E%E0%B8%9A%2040.31%20%E0%B9%84%E0%B8%A1%E0%B9%88%E0%B8%A1%E0%B8%B5%E0%B8%AD%E0%B8%B2%E0%B8%8A%E0%B8%B5%E0%B8%9E.html>

Statistics of people with disabilities in Thailand



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- People with disabilities 1,900,000 pp.
 - ❖ Working age group (15- 60-year-old): 819,555 pp.
 - Working 33.18%, 271,916 pp.
 - Being unable to work 26.51%, 217,295 pp.
 - Being able to work but being unemployed 40.31%, 330,339 pp.

Reference: NCPD 2018 (The 10th National Conference on Persons with Disabilities 2018) and the 5th Ratchasuda International Conference on Disability 2018 available from

<https://www.thaihealth.or.th/Content/43419-%E0%B8%AA%E0%B8%96%E0%B8%B2%E0%B8%99%E0%B8%81%E0%B8%B2%E0%B8%A3%E0%B8%93%E0%B9%8C%E0%B8%84%E0%B8%99%E0%B8%9E%E0%B8%B4%E0%B8%81%E0%B8%B2%E0%B8%A3%E0%B9%84%E0%B8%97%E0%B8%A2%20%E0%B8%9E%E0%B8%9A%2040.31%20%E0%B9%84%E0%B8%A1%E0%B9%88%E0%B8%A1%E0%B8%B5%E0%B8%AD%E0%B8%B2%E0%B8%8A%E0%B8%B5%E0%B8%9E.html>

Statistics of people with disabilities in Thailand



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- Unemployment rate among persons with psychosocial disability : data not found
- Evidence on the economic burden of mental illness is scarce.
- Available study → the economic burden of schizophrenia in Thailand is estimated to be around 31,000 million baht annually.
 - Indirect costs due to unemployment, absenteeism and persenteeism of patients and families were estimated to account for 61% of the total economic burden of schizophrenia.

Jirapramukpitak T, Pattanaseri K, Chua K, Takizawa P. Estimating impact based on stage of mental illness on employment and earnings in Bangkok Metropolitan region. J Ment Health Policy Econ 2018, 21; 163-70.

Development of Vocational rehabilitation in Thailand

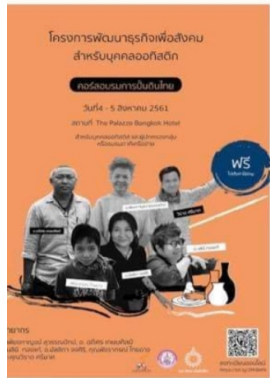


Friends shop at Srithanya Hospital



Project of Autistic Collaboration Enterprise (ACE) for Social Enterprise development :

ACE Autistic Social Enterprise



กิจกรรมคอร์สอบรมอื่นๆ



วัสดุอบรมที่จัดขึ้นไปแล้ว

7 courses for 7 groups of occupation for persons with autism spectrum disorder

<https://www.facebook.com/aceautistic/>

[https:// sites.google.com/view/aceautistic](https://sites.google.com/view/aceautistic)



Autistic Thai Social Enterprise

- Persons with autism spectrum disorders take part in being the owner, shares holders, employer including employees.

➤ Art Story by Autistic Thai: Brand and shop

➤ For all coffee



<https://www.facebook.com/aceautistic/>

[https:// sites.google.com/view/aceautistic](https://sites.google.com/view/aceautistic)

มูลนิธิออทิสติกไทย
รับสมัครการอบรมเพื่อการส่งเสริมคุณภาพชีวิตบุคคล
ออทิสติกและบกพร่องทางพัฒนาการประจำปี 2562



หลักสูตรการอบรม
กลุ่มอายุ 18 ปีขึ้นไป
บาร์ista กับ ร้าน FOR ALL COFFEE
อบรมคอมพิวเตอร์พื้นฐาน
อบรมคอมพิวเตอร์กราฟฟิก
อบรมอาชีพอิสระ
กลุ่มอายุ ต่ำกว่า 18 ปี
อบรมศิลปะบำบัด
อบรมศิลปะเพื่อส่งเสริมพัฒนาการ
ฝึกพัฒนาการ (อายุ 3-12 ปี)
จัดและสนับสนุนการอบรม โดย
สมาคมผู้ปกครองบุคคลออทิสติก(ไทย)

มูลนิธิออทิสติกไทย
กรมส่งเสริมและพัฒนาคุณภาพชีวิตคนพิการ
สถานที่อบรม
ศูนย์บริการ "ศูนย์ส่งเสริมทักษะชีวิตเด็กออทิสติกและ
เด็กพิเศษ กรุงเทพฯ" (บริเวณ สมาคมผู้ปกครองบุคคล
ออทิสติก(ไทย) โรงเรียนอนุบาลจันทยานนท์ อีสานภาพ
39 บางกอกน้อย กทม
email:autisthodata@gmail.com โทร 024112899,
097464636,0922893945ติดต่อ ครูหนู
ศูนย์บริการ "ศูนย์อาชีพออทิสติกไทย" มูลนิธิออทิสติก
ไทย บางพลม 29 คลิ่งชัน กทม.email
autisthodata@gmail.com 0994545395 ,
0922893945,024183399. ติดต่อ ครูเก็ก
การแจ้งสมัคร เป็นการจองลงทะเบียน ศูนย์บริการ จะ
นำข้อมูลมาจัดตาราง วัน เวลาการฝึกอบรม และจะแจ้ง
ข้อมูลตามที่ติดต่อให้ไว้ เป็นรายบุคคล

Autistic Thai Foundation



- Job coach development course for coaching persons with autism spectrum disorder
- Training course for persons with autism spectrum disorder

<https://www.facebook.com/Autistic-Thai-Foundation-%E0%B8%A1%E0%B8%B9%E0%B8%A5%E0%B8%99%E0%B8%B4%E0%B8%98%E0%B8%B4%E0%B8%AD%E0%B8%AD%E0%B8%97%E0%B8%B4%E0%B8%AA%E0%B8%95%E0%B8%B4%E0%B8%81%E0%B9%84%E0%B8%97%E0%B8%A2-1366016403473251/>

CP-True-Autistic Thai Foundation Vocational training Center



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Training



Approximately 100 persons/year

<https://www.youtube.com/watch?v=bBUzxgzvxx4&feature=youtu.be&fbclid=IwAR2YoG8YV49j4WWGjlculhhjhxyYGvA3Y5jesPPNnvknzZF4SS37nFRVgtok>

Available resources and related legislation

- **Human resources:** The number of the mental health professionals is limited
- **Education and curriculum:**
 - Master of Arts (Rehabilitation Science for Persons with Disabilities) : RSRS 516 Vocational Rehabilitation for Persons with Disabilities
 - **Teaching institution:** Ratchasuda College, Department of Rehabilitation for Persons with Disabilities, Mahidol University
 - **Duration of study:** 2 years (4 semesters)
 - **Fields / major:** Rehabilitation Counseling, Rehabilitation Administration, Assistive Technology, and Blind and Low Vision Rehabilitation



Legislation:

- Empower of persons with disabilities Act, B.E.2007
- Mental Health Act, B.E. 2008 (revised 2019):
section 41/1 Include the statement that
“Government sector must be responsible to rehabilitate treated people with mental illness in order to facilitate them to live happily in society and include patients and their carers, community and private sector in the process.”

Policy and Legislation: Empower of persons with disabilities Act, B.E.2007

Section 33

Employer-establishment must employ 1 person with disabilities : 100 employees



64% that employed persons with disabilities

Section 34

If not employ → Employer-establishment must pay to the fund for empowerment and quality of life improvement of persons with disabilities at minimum wage rate x 365 days



6% that paid to the fund

Section 35

If not employ → Employer-establishment must support persons with disabilities in other aspects such as providing space for a business of persons with disabilities or providing facilities and any support for the disabled person



30% that provided support

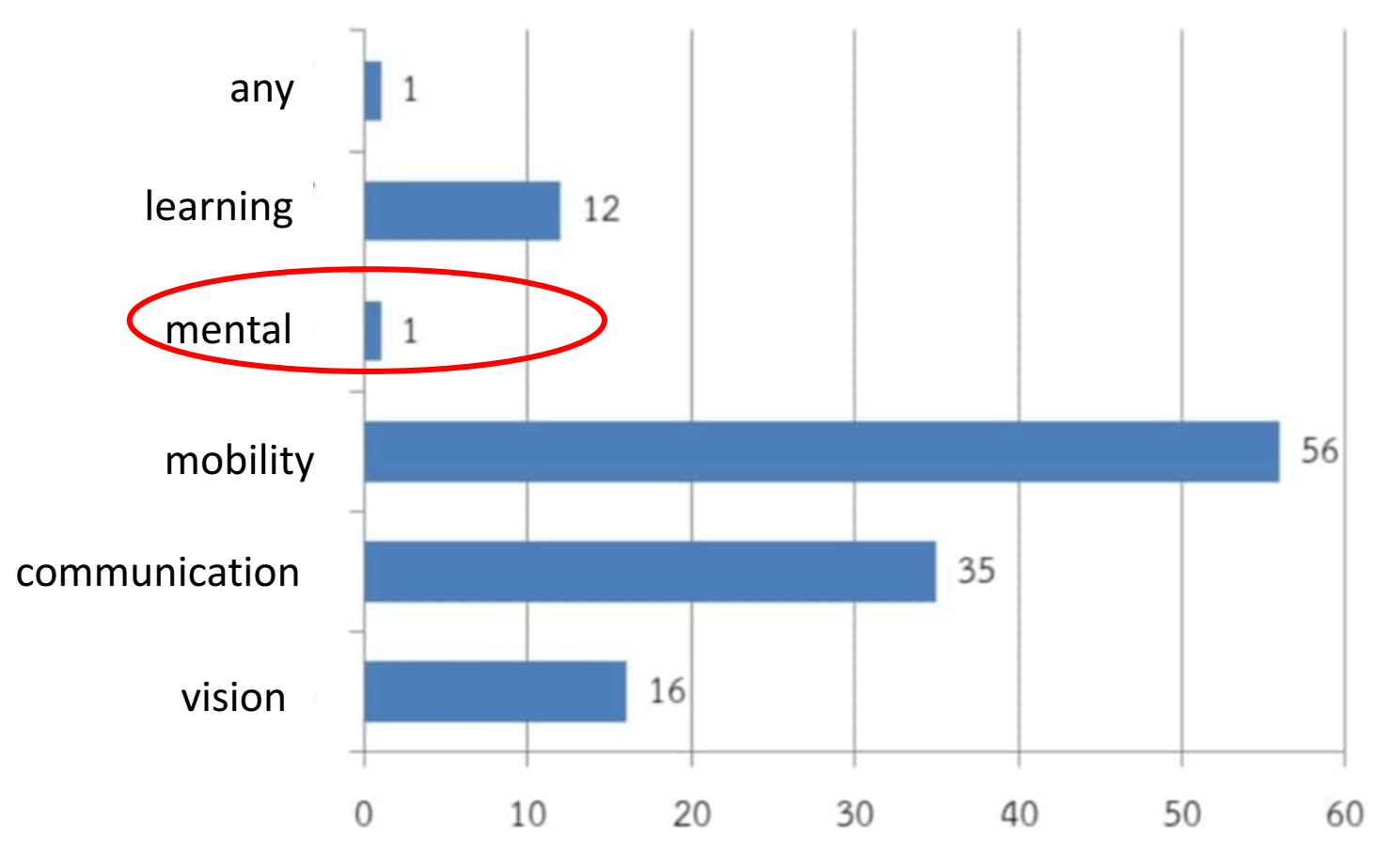
Reality: data available in 2018

82% of government sector did not comply with this law.

<https://tdri.or.th/2017/07/thinkx2-206/>



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Employers' survey for the preferable type of disability to be employed in the 2018

Department of Employment, Ministry of Labour and Workability Thailand.

Conclusion of disability employment situation in 2017 and direction of strategic adjustment in 2018: Report, 1 Feb 2018

Available resources and related legislation

- Organization:

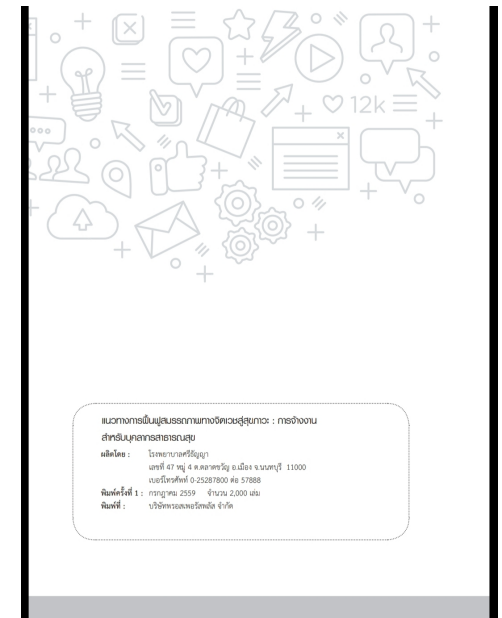
1. Autistic Thai Foundation
 2. Excellence Center for Recovery, Srithanya Hospital
 3. Thai Family Link Association
-
4. Social Innovation Foundation
 5. Workability Thailand
 6. Job Coach Thailand Center → one stop services/ disability employment services
 7. Sirindhorn National Medical Rehabilitation Institute (SNMRI)
 8. APCD job training project for persons with disabilities(disability inclusive business)

Guideline/ Manual:

- Manual of care and basic work skill training for persons with intellectual disabilities developed by Rajanukul Institute, Department of Mental Health, Ministry of Public Health, 2007.
- Guideline of recovery based psychosocial rehabilitation (for health professionals): employment developed by Srithanya Hospital, Department of Mental Health, Ministry of Public Health, 2017.



ชื่อหนังสือ คู่มือการดูแลและฝึกทักษะพื้นฐานการทำงานแก่ผู้บกพร่องทางสติปัญญา
บรรณาธิการ ศศิสัย คุ้มทรัพย์อนันต์
ISBN 978-974-06-1388-8
พิมพ์ครั้งที่ 1 2551
จำนวนพิมพ์ 277 เล่ม
จัดทำโดย กลุ่มงานสังคมสงเคราะห์ สถาบันราชานุกุล กรมสุขภาพจิต กระทรวงสาธารณสุข
พิมพ์ที่ บริษัท พรอตเซอร์วิสเซิล จำกัด



Conclusion



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- Thailand is shifting the paradigm of vocational rehabilitation from sheltered employment to supported employment, however, opportunity in gaining a job in open labor markets or under disability employment legislation of persons with psychosocial disabilities is still limited.
- Even though there is specific law to improve disability employment rate, government sector had problems with this law compliance.
- Data, human resources, knowledge and training course regarding these issues is still limited.
- Limited level of integration and collaboration among stakeholders.
- Only a few of service models.

Suggestion for future plan



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- To develop related legislation, improve incentives for employers and the law enforcement system
- To promote de-stigmatization and anti-discrimination policy
- To adjust societal attitude toward the job seekers with psychosocial disabilities.
- To develop related human resources, certified training courses for potential staffs (job coach) and model of services such as job clinic, disability employment services

Suggestion for future plan



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- To promote and establish integrated recovery-oriented approach, supported employment for assisting them to gain and maintain a job in competitive labour markets
- To improve accessibility for persons with psychosocial disabilities
- To support data gathering and provide Research funding
- To include persons with psychosocial disabilities and their carers in every step of vocational rehabilitation services and supporting system development

Thank you

Acknowledgement

Aj. Suchada Sakornsation for suggestion and guidance regarding the development of vocational rehabilitation in Thailand

Dr. Somrak Chuvanichwonk for permission of using some parts of information in this presentation